

Breakfast Menu

Available 8am to 11.00am
Monday to Sunday

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| | Freshly Squeezed Orange Juice | 8.0 |
| | Muffins – flavours | 4.5 |
| | ⇒ Blueberry | |
| | ⇒ Apple Crumble | |
| | ⇒ Chocolate | |
| | ⇒ Raspberry & White Chocolate | |
| | ⇒ Lemon Crumble | |
| | Note - Muffin flavours may change so please ask your wait staff | |
| GF | Muffins – Gluten Free flavours | 4.5 |
| | ⇒ Berry | |
| | ⇒ Chocolate | |
| | Muffins – Savoury flavours | 4.5 |
| | ⇒ Pumpkin & Fetta | |
| | ⇒ Zucchini & Corn | |
| | ⇒ Spinach & Ricotta | |
| | Toast – per slices | 2.9 |
| | With butter and your choice of preserves | |
| | ⇒ Nine Grain ⇒ Fruit & Nut | |
| | ⇒ Rye ⇒ Gluten Free | |
| | ⇒ White | |
| | Seasonal Fresh Fruit Salad | 9.5 |
| | Served with low fat yoghurt or honey | |
| | Muesli Trifle | 10.0 |
| | Low fat natural yoghurt with toasted muesli, cinnamon and berry compote | |
| | Sunsets Crepes | 15.0 |
| | Freshly made - three breakfast crepes served with mixed berries, whipped cream and maple syrup with chocolate drizzle | |
| | Sunsets Breakfast Bruschetta | 13.0 |
| | Poached egg, fetta, tomato, onion bruchetta drizzled with balsamic glaze | |
| | Add Bacon | 3.0 |
| | Sunsets Egg & Bacon Roll | 14.0 |
| | Bacon, aged cheddar cheese, spinach, fried egg & homemade relish in toasted Turkish Bun | |
| | Add Smashed Avocado | 3.0 |
| GF | <i>Meals can be made Gluten Free – Please let your wait staff know when ordering Gluten Free Meals.</i> | |

Sunsets Avocado Smash –The Healthy Choice 15.0
 Avocado, crumbed Fetta, Peas & rocket tossed in a mint, olive oil dressing with soft poached egg and toasted sour dough.

Add Mushroom 3.0
Extra Egg 3.0

Eggs on Toast –two eggs cooked anyway 13.0
 Poached, fried, or scrambled with multi grain toast

Best on the Beach 19.0
 Two poached eggs, smoked salmon, spinach, hollandaise served on toasted rye bread

Eggs Benedict with Bacon 19.0
 Two poached eggs, bacon, spinach, hollandaise served on toasted muffins

Sunsets Big Breakfast – 21.0
 Two eggs cooked anyway- Poached – Fried - scrambled
 with bacon, mushrooms, grilled tomato, hash brown, sausages and nine grain toast

Vegetarian Breakfast 19.0
 Two eggs cooked anyway - Poached – Fried - scrambled
 with mushroom, grilled tomato, hash browns, avocado and baked beans

Omelettes:

Three Egg Plain Omelette – served with multigrain toast slice 16.0

Open-Faced Omelette with crumbed feta, cherry tomatoes mushrooms & spinach - served with multigrain toast slice 18.0

Breakfast Extra's:

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|---------------|-----|-------------|-----|
| Bacon | 3.0 | Sausages | 3.0 |
| Spinach | 3.0 | Avocado | 3.0 |
| Hash Browns | 3.0 | Hollandaise | 3.0 |
| Mushroom | 3.0 | Baked Beans | 3.0 |
| Smoked Salmon | 5.0 | Extra Egg | 2.9 |



Meals can be made Gluten Free – Please let your wait staff know when ordering Gluten Free Meals.

Cold Beverages

| | |
|------------------------------|-----|
| CAPI Still Water – 200ml | 3.9 |
| CAPI Still Water – 750ml | 5.9 |
| CAPI Sparkling Water – 200ml | 3.9 |
| CAPI Sparkling Water – 750ml | 5.9 |

SOFT DRINKS

| | Glass | 330ml bottle |
|---|-------|--------------|
| Coke | 4.9 | 5.0 |
| Diet Coke | 4.9 | |
| Coke Zero | 4.9 | 5.0 |
| Lemonade | 4.9 | |
| Lift | 4.9 | |
| Fanta | 4.9 | |
| Lemon Lime & Bitters | | 5.0 |
| Casacade Apple Isle Sparkling 330ml | | 5.0 |
| Cascade Ginger Beer 330ml | | 5.0 |
| Cascade Dry Ginger Ale 330ml | | 5.0 |
| Liptons Ice Tea – Lemon 330ml bottle | | 5.5 |
| Liptons Ice Tea - Peach 330ml bottle | | 5.5 |
| Liptons Ice Tea – Original Green 330ml bottle | | 5.5 |
| Liptons Ice Tea – Raspberry 330ml bottle | | 5.5 |

Fruit Juice– glass

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| Orange | 5.5 |
| Pineapple | 5.5 |
| Apple | 5.5 |
| Cranberry | 5.5 |
| Tomato | 5.5 |

Fruit Whip

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| Tropical fruit juice blended with ice-cream | 7.0 |
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Fruit Cocktail combination of juices blended with fresh fruit & a dash of grenadine

7.0

Milkshakes with ice-cream

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| Chocolate | 7.0 |
| Caramel | 7.0 |
| Vanilla | 7.0 |
| Strawberry | 7.0 |
| Banana | 7.0 |
| Spearmint | 7.0 |

Coffee/Tea

At Sunsets we use Karvan Coffee No. 2 Blend - sweet fruity flavour with a rich complex, syrupy body and mellow milk chocolate butter and caramel finish

Coffee

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| Babycino | 1.0 |
| Cappuccino | 4.5 |
| Flat White | 4.0 |
| Latte | 4.0 |
| Double Espresso | 4.0 |
| Espresso / Short Black | 3.6 |
| Long Black | 4.0 |
| Vienna – Black topped with cream | 4.9 |
| Vienna – White topped with cream | 4.9 |
| Short Macchiato | 3.9 |
| Long Macchiato | 4.2 |
| Affogatto | 6.0 |
| Mug Hot Chocolate | 5.2 |
| Mocha | 4.9 |
| Matcha Chai Latte | 5.2 |
| Chai Latte | 5.2 |
| Dirty Chai Latte – <i>with a shot of coffee</i> | 5.5 |

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|--------------------------------|-------------------------|
| Liquor Coffee – white or black | 10.0 |
| Velvet – Baileys | Calypso – Tia Maria |
| Irish – Irish Whisky | Spanish – Grand Marnier |
| Mexico - Kahlua | Jamaican - Rum |

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| Iced Coffee <i>with scoop of vanilla ice-cream</i> | 7.0 |
| Iced Chocolate <i>with scoop of vanilla ice-cream</i> | 7.0 |
| Iced Mocha <i>with scoop of vanilla ice-cream</i> | 7.0 |

Extras

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| Soy | 0.5 |
| Almond Milk | 0.5 |
| Mug | 0.5 |
| Extra Shot Coffee | 0.4 |
| Caramel, Vanilla, Hazelnut Shot | 0.5 |

Tea

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| Tea for One | 4.0 |
| Tea for Two | 7.0 |

Chamelia tea bags are Ethically Traded & Certified Organic

English Breakfast – Organic Black Tea
Earl Grey – Organic Black Tea, Organic Bergamot Oil, Corn Flowers
Rooibos “Red Bush” – Organic Rooibos, Organic Iramusu
Lemongrass – Organic Lemongrass, Organic Ginger
Liquorice – Organic Liquorice, Organic Peppermint, Organic Fennel
Gunpowder Green – Organic Green Tea
Masala Chai – Organic Black Tea, Organic Spices

